



Michelle Garcia Winner

Social Thinking

The “Incredible Flexible You” curriculum is designed to help young learners develop the skills they need to be flexible social thinkers and problem solvers. Many children who have a diagnosis on the Autism Spectrum have high language capabilities but are unable to navigate their way through social play and interaction with others. At Shooting Stars we use this curriculum to teach the necessary concepts and vocabulary by explicitly describing and demonstrating concrete concepts through structured play. We use this curriculum to better prepare children for a variety of environments in and out of school.

The “Incredible Flexible You” curriculum designed specific songs, literature and activities to work in conjunction with daily lesson plans. This curriculum focuses on learning through play, which is the most effective way to teach a young child. This provides a fun and exciting way to reinforce social skills.